



FERNLEA
LIFE CARE

Fernlea
House INC

149 Emerald Monbulk Rd, Emerald, Vic 3782 ph: 03 5968 3895 admin@fernlea.com.au

EXPRESSION OF INTEREST FROM SUPPORT WORKERS AND PCA'S

Name:

Address:

Contact details: Mobile:

Home Ph:

Email:

I am interested in working on a casual basis, as required,
in the Fernlea House inc "Fernlea Life Care" Program as a:-

Support Worker:

(have done Fernlea volunteer training or equivalent)

PCA

(copy of qualifications required)

Nurse

(copy of qualifications required)

Statement

I will uphold the Fernlea Life Care values and principles and follow policies and procedures of Fernlea House inc as relevant to my role.

I will provide quality services in a professional manner which will meet or exceed the expectations of the client.

I understand that support and supervision will be provided and attendance at ongoing professional development will be required.

Signed:

Date:

I am available:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
am hours	am	am	am	am	am	am
Pm hours	pm	pm	pm	pm	pm	pm
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Over night	Over night	Over night	Over night	Over night	Over night	Over night

Please detail and boundaries, restrictions or caveats to availability or working for Fernlea life Care. For example:-

Hours:? (any preferred hours, am, pm or only available school hours, no school holidays, etc)

Present injuries or restrictions on type of work.? Can't lift washing, can't bend etc.

Any cultural considerations. ?

Any other boundaries or restriction? Geographical area preferred?

What you might like assistance with? Ideas for activities, recipes,

Below is a list of tasks that workers may be asked to undertake (it is not definitive, as Fernlea Life Care will be flexible, but is a fairly comprehensive view of what could be offered.

Area	Task	Support Worker	PCA	Nurse
Home Care	Planning and Preparing meals			
	Monitor diet and eating habits			
	Monitor food expiry dates			
	Prepare future meals			
	Record/Arrange recipes			
	Light Housekeeping			
	Taking our rubbish			
	Clean and organise cupboards			
	Make beds and change linen			
	Laundry and ironing			
	Drop off and pick up dry cleaning			
	Supervise home maintenance			
	Oversee Home deliveries			
	Care of plants			
	Assist with pet care			
	Assist with entertainment			
	General Shopping			
	Taking pets to Vet			
	Sweep Paths, keep clear of hazards			
	Provide information about home safety			
Personal Care	Advise on/support dressing and personal grooming			
	Assist with dressing and personal grooming			
	Assist with showering and dressing			
	Remind about medications			
	Assist in administration of medications			
	Remind about personal hygiene (teeth/toilet)			
	Assist with toileting			
	Help manage incontinence			
	Preparing meals and snacks			
	Assisting with eating			
	Supervise mobility and walking			
	Assist with mobility and walking			
	Escort to shopping, appointments or social			

